

Penobscot

JOB CORPS CENTER

If you're 16–24 years old and income-eligible, Penobscot Job Corps Center may be the perfect place to complete your education and start your career.



TRAIN

You'll train for a career and gain the skills necessary for a successful future. **Penobscot Job Corps Center** offers career training programs in a variety of fields.

All of our training programs are hands-on, and you'll get to practice your skills on the job in real work environments. When you graduate, you'll have the skills and credentials you need to start your career.



- Carpentry
- Clinical Medical Assistant
- Culinary Arts
- Facilities Maintenance
- Nurse Assistant/Home Health Aide
- Welding

Want to take it to the next level? **Penobscot Job Corps Center** offers the following Advanced Training program:

- **Advanced Culinary Arts**

Please ask your admissions counselor for the most up-to-date list of training programs offered.

ON-THE-JOB EXPERIENCE: Our training programs are hands-on—students work with employers like American Red Cross and Husson University so they can practice their skills in real work environments.



1375 Union St. • Bangor, ME 04401
(207) 990-3000 • <http://penobscot.jobcorps.gov>

Penobscot Job Corps Center is located on 46 acres in Bangor, Maine, just a short drive from American landmarks like the Thomas Hill Standpipe and Paul Bunyan's birthplace.

LIVE

You'll have access to everything you need at Penobscot Job Corps Center, including housing, basic medical care, food, and child care. Most students live at the center, but some students commute to campus each day.



- **Dorms**
 - Two buildings with four wings in each
 - Four male wings
 - Four female wings
 - Four students in most rooms
 - Each room has a private bathroom
 - Leadership rooms
 - Lounges with TVs
 - Computer labs
 - Laundry facilities
 - Microwaves and refrigerators
 - Snack machines
- **Child care center**
- **Full-service cafeteria**
- **Recreational center:**
 - Arts and crafts room
 - Game room
 - Basketball and racquetball courts
 - Aerobics room
 - Weightlifting room
 - Store with snacks and other essentials

LOOK CLOSELY.

Everyone pictured in this flier is an actual Job Corps student, graduate, or instructor.



Dorm room



Cafeteria



Gym



Recreation



Game room



Bakery



6 a.m.
Start your day

8-11:15 a.m.
Morning career technical training and academic classes



6:30-7:45 a.m.
Cereal ... eggs ... sausage ... fruit—all this and more



11:15 a.m.-12:45 p.m.
Take an hour break for lunch in the cafeteria



12:45-3:30 p.m.
Afternoon career technical training and academic classes



5-6 p.m.
Dinner ... plenty of healthy choices, and you can always go back for seconds



6-11 p.m.
Fun time, study time ... your time

11 p.m. weekdays
2 a.m. weekends
Lights-out



LEARN Penobscot Job Corps Center helps you get the education you need at your own pace.

ACADEMICS

Tutors and academic support for:

- Math
- Reading
- Social Studies
- Writing

High school diploma programs:

- Independent High School-Alger Learning
- New Learning Resources

High school equivalency program

English Language Learning

Interactive Promethean Board technology in classrooms

Fully accredited by the New England Association of Schools and Colleges



HIGHER EDUCATION

College partner:

- Eastern Maine Community College

LIFE SKILLS

Career preparation courses:

- Building Healthy Relationships
- Creative Activities
- Employability Skills
- Independent-Living Skills
- Stress Reduction

Environmentally friendly practices:

- Center for Environmental Excellence



CONNECT After the training day is over, you can relax, study, or hang out with your friends. There's always plenty to do during your free time.

ATHLETICS

- Basketball
- Flag football
- Floor hockey
- Softball
- Weightlifting

CLUBS

- Fright Club
- Go Green Committee
- Student Government Association

ENTERTAINMENT

On-center activities:

- Arts and crafts
- Billiards
- Dances
- Games
- Paintball
- Talent shows
- Wing Olympics
- Zumba

Off-center activities:

- Amusement park
- Beach trips
- Bowling
- Camping

- Go-karts
- Laser tag
- Library
- Movies
- Shopping
- Skating
- Skiing, sledding, and snowboarding

COMMUNITY ACTIVITIES

- American Red Cross
- Friends of Fort Knox
- Maine Youth AAU Basketball
- Volunteering
- YMCA of Bangor



SUCCESS LASTS A LIFETIME

Check us out online: www.recruiting.jobcorps.gov [doljobcorps](https://www.facebook.com/doljobcorps) [doljobcorps](https://www.youtube.com/doljobcorps)

Get in touch with an admissions counselor: (800) 733-JOBS [5627]

Administered by the U.S. Department of Labor, Job Corps is the nation's largest career technical training and education program for low-income young people ages 16 through 24. Job Corps is a U.S. Department of Labor Equal Opportunity Employer Program. Auxiliary aids and services are available upon request to individuals with disabilities. TDD/TTY telephone number is (877) 889-5627.